



Bed Partner Quiz

Does your partner?

Stop breathing while sleeping

☐ Yes

☐ No

Gasp while sleeping

☐ Yes

☐ No

Tend to fall asleep during the day

☐ Yes

☐ No

Snore loudly and disruptively while sleeping

☐ Yes

☐ No

Grind or clench their teeth while sleeping

☐ Yes

☐ No

Toss and turn while sleeping

☐ Yes

☐ No

If you answered yes to any of these questions, your bed partner would benefit from a screening for sleep apnea! Call us today to schedule an appointment!

Sleep & Snoring Therapy
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